



EDUCATIONAL TRAVEL

with Adventure Apes

Adventure Apes' educational school camps and expeditions, in the land of thousand of lakes - Finland, are designed tailor-made to meet the specific needs of your students.

Meet Finnish students and families, try Finland's favourite sports, visit historical and cultural sites, develop your leadership skills, canoe in the freshwater lakes, ski in the Arctic, learn from specialized theme experts, organize Model UN conference, design your camp around UN Sustainable Development Goals (SDGs), visit Finnish schools, universities or daycare centres and learn from the Finnish education system.

You name it; we'll make you an adventure of a lifetime.



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Experience. Learn. Grow.

www.adventureapes.fi

Maximize the potential of every student.



Finland's approach to education is world-renowned, we learn through:

Serving others & taking responsibility

Everyone contributes to the camp/expedition and participates in everything from logistics, to cooking and the day's activities. This way every student learns and experiences teamwork and personal responsibility.

Reflective tasks

Students will keep an Adventure Journal - this has proven to be a great learning tool as well as give students a wonderful memory of their time in Finland.

Learning by doing

Connecting learning to the physical world promotes self-directed learning while allowing individuals to learn at their own pace.

Nature as a classroom

Learning outside of the traditional classroom promotes exploration and discovery and sparks a curiosity about the natural world.



One guide 24/7

Each student will have a single point of contact available around-the-clock.



Inclusive learning

Programmes are designed to be inclusive, regardless of learning or physical disabilities to promote equitable quality education and life long learning.



Language options

Tours are in English or Finnish; translation services can be arranged on request.



Safety first

Detailed safety plans and risk assessments are prepared and shared in advance. Guides have safety and first aid training appropriate for each activity.



Private activity center for one group only

Adventure Apes Lodge in the countryside of Kuusamo, at the border of Lapland, is the home base for our educational tours and school camps. The site was home to the local village school for more than 100 years and continues to be a vibrant part of the local community.



Recently renovated modern rooms

Six fully renovated dorm-style bedrooms with bunk beds up to 4-6 students sharing. Every room has a private bathroom. Bedlinen & towels included.



Onsite kitchen

With an on-site kitchen and dining, the menu can be customized for your group. We source ingredients from local farmers and producers and use our own family recipes. Special dietary requirements can be met with advance notice.



Dining room and activity room

The dining room converts to a teaching space with built-in projector and 4m screen perfect for seminars and presentations. The same room serves for arts & crafts, baking and board game sessions.



Indoor sports hall & wood heated Sauna

Modern sports hall for indoor sports, team building activities, relaxation and stretching. The traditional wood heated sauna smoothens your tired muscles after day of adventure.



Traditional Lappish Teepee

Perfect place to learn how to make a fire and cook a delicious meal over an open fire or have evening reflections.

Stay longer & combine multiple locations

Finland's nature is abundant and diverse, you can choose to combine different regions to aid your educational tour needs.

Mix and match between Helsinki & the capital region, Archipelago, Lakeland and Lapland. Adventure Apes has a wide network of partner providers - youth centers, sports and educational institutions to tailor make your educational tour to Finland.



Participate in long term project work with Finnish students

An alternative to a short-term camp is the opportunity for students to participate in long term project work with one of our partner schools in Finland to promote sustainable learning. Start with online introductions, get to know their Finnish peers alongside online project work and then interact with them face to face in Finland! The project culminates with post tour online sessions and the opportunity to keep in contact with lifetime friends.

There is also the option to organize a Model UN conference with a Finnish school, enabling students to develop their decision-making and leadership skills. It is an opportunity for students to cooperate and contribute to the UN Sustainable Development Goals through a partnership with a local school.

An opportunity to start building their international network for their academic career!



Educational Adventure Camp

We believe learning should be an adventure. Our camps are based on a tailor-made model based on the following structure

1 A theme examples below, or choose your own!

Winter in the wilderness

Try Finland's favorite winter sports, experience life during the polar night and learn Arctic survival skills.

Culture exchange

Learn about traditional and modern Finnish culture by spending time with local students and families, experiencing day-to-day life and speaking basic Finnish.

Summer in the wilderness

Experience the midnight sun, explore nearby forests and lakes, forage for berries and mushrooms and learn orienteering skills.

Environmental sustainability

Explore sustainable ways of living, learn how global warming is impacting the Finnish Arctic and study local flora and fauna.

2 A schedule of activities

Camps typically use a block scheduling system with two daytime adventures and an evening activity; meals and timing can be adjusted to the group. Here's an example:

9:00	10:00	13:00	14:00	17:00	20:00
Breakfast	Morning adventure	Lunch	Afternoon adventure	Snack, sauna & dinner	Evening activity

3 Mix and match activities

Along with your proposed schedule, we will provide alternative adventures and activities based on the theme you've selected as well as the group size, age, interests and the season. Here are some examples for a winter school camp:

Morning adventures

- Cross-country ski school and nature tour
- Fire making and outdoor cooking lesson
- Intro to Finnish lake ecosystems and ice fishing lesson
- Orienteering with a map and compass

Afternoon adventures

- Igloo building
- Visit local school
- Woodcarving lesson
- Introduction to Arctic flora and fauna
- Snowman building and decorating with light
- Ice skating

Evening activities

- Creating traditional handicrafts from natural materials
- Team challenge problem solving and quiz
- Storytelling
- Reflection: What have we learned?
- Movie night



Schedule of Activities (Sample)



With our tailor made adventure model, we'll propose a sample schedule like the one below. You can mix and match activities based on your group.*

Theme: Winter in the wilderness

		Morning Adventure		Afternoon Adventure		Evening Activity
	9:00	10:00	13:00	14:00	17:00	20:00
Day 1	Arrival in Kuusamo airport, transfer to AA Lodge, welcoming lunch and adventure briefing, gear check, orientation walk				Snack, sauna & dinner	Team building games in the sports hall
Day 2	Breakfast	Snowshoeing	Lunch	Igloo building part 1	Snack, sauna & dinner	Board game night
Day 3	Breakfast	Cross-country ski school and nature tour	Lunch	Ice skating	Snack, sauna & dinner	Traditional handicrafts & reflection
Day 4	Breakfast	Intro to Finnish lake ecosystems, ice fishing lesson and sledding	Lunch	Igloo building part 2	Snack, sauna & dinner	Night in igloo
Day 5	Breakfast	Fire making and outdoor cooking lesson including lunch in the teepee		Monkey Olympics	Snack, sauna & dinner	Team building & reflection
Day 6	Breakfast	Visit to a reindeer farm	Lunch	Farewell party preparations	Snack, sauna & dinner	Farewell party
Day 7	Breakfast	Cleaning, packing and transfer to airport for return flight				

* Activities are based on availability and weather conditions. Last-minute modifications to activities are possible in the event of weather or safety issues. If this happens, we will work to offer a comparable activity.



with Adventure Apes



The Finnish education system is known for lifelong learning and this is why we want to share and learn about the best practices from educators around the world. Our tours for educators and professionals in the field of education include visits to Finnish schools, universities or daycare centers to give them a basic understanding of how Finnish children and students are educated. Interacting with local students is important and there are several chances to meet and discuss with the students as well.

In addition, Adventure Apes guides are happy to give the educators an insight about outdoor and adventure education and each program includes several hands-on learning sessions. Introductions to Finnish culture, cuisine, history and nature are tailored into the program to fit your educational needs.

Sustainability is the future and we strive to promote one or more of the UN Sustainable Development Goals (SDGs) through our activities and programs. Are you ready to share values and practices towards a common goal?

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